

FACE MASK: ALOE & HONEY



LESSON OVERVIEW

OBJECTIVES

Campers will be able to make a face mask.

MATERIALS

- 2 tbsp Aloe vera gel
- 1 tbsp Honey
- Measuring spoons
- Small bowl
- Jar
- [Video Tutorial](#)



Benefits: Hydrates Skin

Brightens skin complexion, moisturizes skin, & adds a natural glow.

LESSON SEQUENCE

1. Pour the two ingredients into a small bowl
2. Mix until you get a paste consistency
3. Put into a jar for storage
4. Put on the hand to test the skin's reaction before putting it on the face.
5. Spread the mask onto the face to moisturize while you sleep (let it dry some before sleep and use a pillow case you don't mind getting dirty)
6. Good for dry skin



FACE MASK: ALOE & GREEN TEA



LESSON OVERVIEW

OBJECTIVES

Campers will be able to make a face mask.

MATERIALS

- 2 tbsp Aloe vera gel
- Pinch of green tea
- Vitamin E oil
- Measuring spoons
- Small bowl
- Jar
- [Video Tutorial](#)



Benefits:

Has calming effects, prevents signs of aging, brightens skin, & address a natural glow.

LESSON SEQUENCE

1. Pour the three ingredients into a small bowl
2. Mix until you get a paste consistency
3. Put into a jar for storage
4. Put on the hand to test the skin's reaction before putting it on the face.
5. Spread a thin layer of the mask onto the face before you sleep (let it dry some before sleep and use a pillowcase you don't mind getting dirty)

